



# Health & Welfare

Dr. George Mikell

(773) 230 - 1358

Art Oswald

(773) 774- 7837

[artoz4n6@comcast.net](mailto:artoz4n6@comcast.net)



## Slip & Slide = Black & Blue

This past winter a friend of mine living in Sun City, FL. Got out of the tube, stepped on a cloth bathmat and took a header. Actually his side hit the side of the tub and the results of this fall were not too nice. I feel we can learn from this story. Almost all bathroom floors are slippery tile. When you place a cloth bathmat on such a floor it can easily slip out from under you wet feet. Purchase a rubber backed bathmat. If you are currently using a cloth bathmat, throw it in the garbage.

George Mikell

## Lord Hear Our Prayer

Good to hear that **Jim Schwartz** (from the Philadelphia GAPA) and **Jeff Schuck** are recovering. On a more somber note, longtime members **Jim Pabsiak**, **Clarence "Clancy" Asbach** and **Isabella Stadler**, mother of member **Gerhard Stadler** all passed recently. **Don Maas** and **Rich Haack** are looking forward to getting back home and some better health.

Our own VP **John Huinker** (bottom right) gave up only a part of his good looks to raise money for cancer research. His hair departed but \$2000 in donations followed with an additional \$700 from his son, Johnny. That's the bald truth—great job guys!

If you look on the FOP Lodge 7 website, you will see GAPA's own **Tom Hartwig** and **Bill Moore** when you click on the "about us" menu bar at the top right. The FOP store at 1412 W. Washington has a great selection of police related paraphernalia. Visit in person or shop online.

GAPA's good friend and supporter **Dave Dunham** (m/r) of the **Chicago Patrolman's Credit Union** proudly shows two CPD Honor Horses in the front of the FOP offices. These equine sculptures commemorate the Chicago Police Department, fallen officers and Chicago history and were on public display at various locations downtown in 2014.

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