

## Health & Welfare

Dr. George Mikell (773) 230/1358
Art Oswald (773) 774/7837 artoz4n6@comcast.net



It has been quite some time since I mentioned the subject of having a rubber backed bathmat in bathrooms. This past summer I fished with a man who told this story. He exited the tub slipped on a cotton bathmat and landed with his side on the side of the tub. This accident resulted in the fracture of several ribs. He told me that the only relief he could get for 6 weeks was to sit in a hard backed chair with his arms on the dining room table. I asked him just how did he sleep. His response was that he would put a pillow under his head and spend the night seated in the chair. Again, I say the bathmat in the bathroom must have a rubber George Mikell backing.

The summer of 2016 is almost over and GAPA is looking forward to a busy Fall with meetings, elections, and the always anticipated Oktober Fest. Recent good news is that Ehren President Hans Hunger's son Eric is in the Metro class at the Chicago Police Academy for the Aviation Police. Joe Kirchen's daughter Jennifer (Chorvat) has been blessed with twins, Ainsley & Zachary, our best wishes to the proud parents and grandparents.

Judy Glunz, wife of our good friend Jack Glunz is said to be doing better and at home, we wish her more good days and hope for her continued recovery. Tim Schaefer is having a procedure to remove the rest of his spleen, he's expected to have a full return to health and will be interviewing some of his other organs to have a resource to vent. Unfortunate news came to us of the passing of Brian Dillon, the brother of Kevin

Dillon GAPA member and attorney. Donald Stephen Jr. Il mayor of Rosemont will also be missed and we express our condolences to all of the families.

Although I missed the Von Steuben Parade all who attended said it was a great day with a wonderful brunch at Laschet's Inn, thanks again to Matt Lodge and the Emerald Society Pipes & Drums brought their exuberant energy and sound to the parade. The weather cooperated and the crowd as usual was large and supportive. An after party to recharge and cool off gave GAPA participants the second wind to to enjoy the German Day Festival.

The Baron Friedrich Wilhelm Von Steuben Steuben who served an important role in this this country's Revolutionary War of Independence is honored in many places and and while visiting Charleston South Carolina I Carolina I visited the Cold War Submariners Submariners Memorial Park just outside of of the Naval Museum at Patriots Point which which features a Destroyer, Submarine and and the Aircraft carrier "Yorktown". Dedicated to the subs and crews who served served during this critical time the park had had a large representation of a sub and dozens of memorial benches including one for the SSBN Von Steuben # 632 a James lames Madison class fleet ballistic missile sub sub which served 30 years from 1964 to 1994. So as you travel keep an eye out for for the "Baron".